

Achieving Therapeutic Success

Success requires a team effort. By signing this contract, you agree to work collaboratively with your therapist to develop treatment goals, actively participate in sessions, and follow home programs. Active participation includes problem-solving with your therapist, engaging to your ability during sessions, and being open about any challenges affecting home programs or your child's behavior.

To support full participation, we recommend arranging childcare for siblings. If this is not possible and siblings cannot remain quiet, you may be asked to wait in the lobby and will be brought in at the end of the session to review home program updates.

Your Plan of Care includes a set number of visits focused on skill development, parent education, and creating a home program. You will receive regular updates on progress. Services may end if progress plateaus*, goals are met, therapy is no longer medically necessary, or if your child is unable to make progress due to other factors.

The therapist will determine if Connect The Dots is the appropriate placement for your child, which may evolve over time. Services may also end if parent participation is not maintained. While discharge can feel challenging, ongoing collaboration with your child's therapist(s) will equip you with the skills and confidence to support your child and address future challenges.

As the parent/guardian of _____, I agree to the following guidelines:

- I understand that my participation in sessions and at home supports the best outcomes for my child.
- I agree to remain on-site and attend all sessions. If I am unavailable, another adult/caregiver will attend in my place. Some sessions may not require full parent involvement, depending on treatment goals. This will be determined on a case-by-case basis.
- I will be open and honest about my child's behaviors, needs, medications, and any family dynamics that may impact therapy.
- If my child is having difficulty cooperating, I will assist with behavior management.
- I understand other families may be present during group sessions or in large gym spaces, and I will share space respectfully.
- To maintain a focused environment, I will refrain from using my cell phone during sessions.
- I will ask questions when I need clarification and be honest about how the home program is going. This helps the therapist adjust the plan to better support my child.
- If services are not initiated within six weeks of a new Plan of Care, my child will be discharged and a new evaluation will be required to restart services.
- Connect The Dots uses a team-based approach, so my child may work with multiple therapists. I may not be notified before changes and will support these transitions as opportunities for my child to grow.
- I understand that Connect the Dots is an education facility and students may be involved in my child's therapy services including reviewing their records and chart, and leading some therapy sessions.

Parent/Guardian Signature: _____ Date: _____

*A developmental plateau can be an indicator that it is time for your child to practice and integrate the skills they have developed in therapy outside the clinic. This should be viewed as a celebration and achievement! Before we reach the point of taking a practice and integration "break", you and your therapist will have discussed and developed a plan for continued growth within the home.