



Achieving Therapeutic Success Program Parent Contract

Achieving success takes effort! By signing this contract you are agreeing that you and your child will follow the treatment plan provided by your therapist. This includes being present in all sessions and participating in your individually designed home exercise program (HEP). Being present in the session means that when you are asked to join the play you will willingly do so and will follow the therapist's instructions. If you have other children we recommend that you make arrangements for their childcare so you will be able to be actively involved with the child who is receiving service at CTD. If you are unable to make other childcare arrangements, and your other children cannot sit quietly in the session, you will be asked to sit in the waiting room. Your therapist will bring you back to discuss any new additions to the HEP towards the end of the session.

We are so excited to be a part of your and your child's development! Your Plan of Care will include a set number of visits to promote skill development, educate you on how to best help your child, and develop a HEP with you. You will be advised at the end of each session of the progress your child is making. Should your child reach a point in therapy where their progress plateaus* or desired therapeutic outcomes are not achieved resulting from a breach of this agreement; your child will be removed from the schedule.

The therapist is responsible for determining if Connect The Dots is the correct placement for your child's needs. Please understand this determination may not occur in the first session, and may evolve as the therapist learns more about your child.

As the parent/guardian of _____, I agree to follow the following rules:

- I will be at All sessions and if I am not available I will have another caregiver present at the session.
- I understand that sitting in the session provides the best outcome for the HEP.
- There may be times that my full attendance in the session is not required, based on the specific goals of the plan of care. This will be addressed and managed on a case by case tx session.
- If my child is acting out or not cooperating I will help manage my child's behavior.
- I understand other parents and clients may be in the room and I will share space.
- I will ask questions or gain clarification if I do not understand something.
- I will be responsible for making sure my child participates in his HEP.
- I will bring my tool kit provided by CTD to each session.
- I will follow school rules regarding illness or infection, and provide as much notice if I need to cancel.
- If I no show for a scheduled appointment two times I will be removed from the schedule. My child may also be removed from the schedule if I cancel frequently. Missed appointments are my responsibility to reschedule. I understand availability may be limited.
- I will be open and honest with my therapist about my child's behaviors, needs, medications skills and family dynamics.

I agree _____ Date _____

*A developmental plateau can be an indicator that it is time for your child to practice and integrate the skills they have developed in Occupational Therapy at home, This should be viewed as a celebration and achievement! Before we reach the point of taking a practice and integration "break", you and your therapist will have discussed and developed a plan for continued growth within the home.